

COVID-19 VACCINE BOOSTERS

What You Need to Know

It is recommended that millions of Americans get a COVID-19 vaccine booster to improve protection from the COVID-19 virus. This is the most recent guidance from the CDC on COVID-19 vaccine boosters. (November 2021)

WHO IS ELIGIBLE FOR A COVID-19 BOOSTER SHOT?

Eligibility varies depending on which vaccine you received.

If you received a Pfizer or Moderna series and are:

- 65+
- 18+ living in a long-term care facility
- 18+ with underlying medical conditions (e.g. cancer, CKD, lung disease, diabetes, pregnancy, smoker, heart disease, HIV, etc.)
- 18+ living and working in a high-risk setting (e.g. healthcare workers, teachers, daycare staff, grocery workers people in shelters or prisons, etc.)

If you received a J&J vaccine and are:

- 18+ and it's been 2 months since your vaccine was originally administered

WHICH BOOSTER SHOULD YOU GET?

- You can choose which booster shot to get regardless of which initial vaccine you received. Any booster will improve your disease protection.
- A National Institutes of Health study showed it may be beneficial to get a Moderna booster, regardless of which initial vaccine you received.

WHAT IS A BOOSTER SHOT?

For some viruses, the protection we get from a vaccine starts to wear off over time. An additional dose of the vaccine may be needed to boost your immune response and make sure you're protected. Boosters are common for many vaccines, like Tdap (tetanus, diphtheria, and pertussis).



WHEN SHOULD YOU GET IT?

- At least 6 months after Pfizer or Moderna series
- At least 2 months after J&J shot

CAN YOU GET A COVID-19 BOOSTER AND FLU SHOT AT THE SAME TIME?

Yes. If you're eligible for your COVID-19 booster, you can get your flu shot on the same day. If you're not eligible for a COVID-19 booster yet, be sure to protect yourself from the flu and get your flu shot.

WHERE CAN YOU GET A COVID-19 VACCINE BOOSTER?

You can get your booster anywhere COVID-19 vaccines are being offered. You may need to show your vaccine card to verify your eligibility based on when you completed your initial vaccination.

For information and vaccine locations:
nvcovidfighter.org 1.800.401.0946