

FREQUENTLY ASKED QUESTIONS

Pregnancy & COVID-19 Vaccines

People that are pregnant are at higher risk of getting COVID-19 and getting seriously ill from it due to changes in their body during pregnancy. For this reason, the American College of Obstetrics and Gynecology, the Society of Maternal Fetal Medicine, and OB-GYN doctors throughout this community recommend **all eligible pregnant and lactating persons and those trying to get pregnant get a COVID-19 vaccine.**

IS IT SAFE TO GET THE VACCINE WHEN I'M PREGNANT?

Yes. More than 174,000 pregnant people have been vaccinated as of November 2021 with no increase in miscarriage, low birth weight or preterm labor. Vaccination also protects you from contracting COVID-19 while pregnant which could seriously harm you and your baby.

IS IT SAFE FOR MY UNBORN BABY?

Yes. Not only is it safe to get vaccinated, it's beneficial. When you get vaccinated, you pass protective antibodies to your baby, offering them some protection from COVID-19 when they are born.

CAN I GET SICK FROM THE VACCINE?

No. There is no live virus in the vaccine and no way for it to cause an illness. Some people will experience side effects after vaccination including, sore arm, fatigue, fever, chills and nausea which typically pass in 24-48 hours.



IS IT SAFE TO GET THE VACCINE WHILE BREASTFEEDING OR CHESTFEEDING?

Yes. If you are lactating, it's beneficial to feed your expressed milk to your child after getting vaccinated, either by bodyfeeding or via pumped milk from a bottle. Your milk passes antibodies on, helping to protect your baby from COVID-19 infection.

WILL THE VACCINE MAKE ME INFERTILE?

No. Multiple studies from around the world have determined that there is no change in fertility rates among women or men following COVID-19 vaccination. Women may experience temporary changes in their menstrual cycle as their body builds immunity, but this will have no impact on their ability to get pregnant.

HOW DO I KNOW THE VACCINE WILL WORK?

Studies have shown the vaccines to be extremely effective in preventing serious illness, hospitalization, and death from COVID-19. Nearly all patients currently hospitalized and dying from COVID-19 are unvaccinated.

HOW DO I GET A COVID-19 VACCINE?

Most pharmacies now offer free COVID-19 vaccines. **To find a location near you, visit nvcovidfighter.org.**

For information and vaccine locations:
nvcovidfighter.org 1.800.401.0946